

**Conroe Youth Soccer
League
Redbook**

Website: www.conroeyouthsoccer.org

Hotline No. 936-756-0604

Note: Every effort has been made to ensure the accuracy of the information contained herein. If any errors are found, please contact a CYSL Board Member and the corrections will be made as expeditiously as possible.

HONOR CODE

COACH'S CODE

- Soccer is a game for happiness
- The laws of soccer should be regarded as mutual agreement, the spirit of letter of which no one should try to evade or break
- Visiting teams and spectators are honored guests
- NO advantages except those of superior skill should be sought.
- Official decisions should be accepted without looking angry, no matter how unfair they may seem
- Winning is desirable, but winning at any costs defeats the purpose of the game.
- Losing can be a triumph when the team has gained its best
- The ideas is the greatest good to the greatest number
- In soccer, as in life, treat others as you would have them treat you.

PLAYER'S CODE

- Play the game for the game's sake.
- Be generous when you win
- Be graceful when you lose
- Be fair always, no matter what the cost.
- Obey the laws of the game
- Work for the good of your team
- Accept the decisions of the officials with good grace
- Believe in the honest of your opponents
- Conduct yourself with honor and dignity

PARENT'S CODE

- Parents should remember:

- Children have ore need of example than criticism
- Make athletic participation for your child and others, a positive experience
- Attempt to relieve the pressure of competition, not increase it. A child is easily affected by outside influences.
- Be kind to your child’s coach and to officials. They are volunteers, giving of personal time and money to provide an enjoyable and physical activity for your child.
- The opponents are necessary friends. Without them, your child could not participate. Applaud good plays by your team and by members of the opposing team.
- Between the exuberance of the winner and the disappointment of the loser we find a person called a referee. All of them follow the same creed to watch every move of every player and to call the game to the best of his/her ability. Do not openly question his/her judgement. The referee is a symbol of fair play, integrity and sportsmanship.
- Accept the results of each game. Encourage your child to: be gracious in victory, and turn defeat into victory by working towards improvements.

2010-2011 STYSA REGISTRAR QUICK REFERENCE CHART

The following is the version of the age group matrix to assist in indentifying the appropriate age for which the player is eligible based on their date of birth. The date range is based on the age as of midnight on July 31st of the previous year.

AGE GROUP	TEAM CODE	DATE OF BIRTH	MINIMUM ROSTER	MAXIMUM ROSTER	MINIMUM ON FIELD	MAXIMUM ON FIELD
Under - 19	19	August1, 1991 through July 31, 1992	7	22	7	11
Under – 18	18	August1, 1992 through July 31, 1993	7	22	7	11
Under – 17	17	August1, 1993 through July 31, 1994	7	22	7	11
Under – 16	16	August1, 1994 through July 31, 1995	7	22	7	11
Under – 15	15	August1, 1995 through July 31, 1996	7	18	7	11
Under – 14	14	August1, 1996 through July 31, 1997	7	18	7	11
Under – 13	13	August1, 1997 through July 31, 1998	7	18	7	11
Under – 12	12	August1, 1998 through July 31, 1999	6	14	6	8
Under – 11	11	August1, 1999 through July 31, 2000	6	14	6	8

Under – 10	10	August1, 2000 through July 31, 2001	6	12	4	6
Under – 9	9	August1, 2001 through July 31, 2002	6	12	4	6
Under – 8	8	August1, 2002 through July 31, 2003	4	8	4	4
Under – 7	7	August1, 2003 through July 31, 2004	4	8	4	4
Under – 6	6	August1, 2004 through July 31, 2005	3	6	3	3
Under – 5	5	August1, 2005 through July 31, 2006	3	6	3	3

1 *RULE 1: TEAM FORMATION*

1.1 All players must be registered with the club. The Recreational Committee will place all players on a team roster in each play group

1.2 Roster Size

1.2.1 U5/U6 Maximum on a team is six (6)

1.2.2 U7/U8 Maximum of a team is eight (8)

1.2.3 U9 / U10 Maximum on a team is ten (10)

2 *RULE 2: COACH PASS*

2.1 All coaches must have a Kid-Safe Pass to be able to coach a team and be on the team's sideline during the games

2.2 There shall be NO more than two (2) coaches on the team's sideline during the game.

2.3 No coaches may be on the field of play during the game. All coaches and players must sit on the opposite sideline of the spectators and parents.

2.4 There is to be NO coaching by the parents or coaches along the goal line or behind the goal.

3 *RULE 3: MINIMUM PLAY*

3.1 CYSL requires 50% participation in each game by each eligible player. If an eligible player is present at the game and ready to play (e.g. is not injured), yet does not participate in the game at all or does not play the required minimum amount, that game is subject to forfeiture.

3.2 If a player arrives at the playing field ready to play after the start of the game, the player may enter the game with the referee's permission during a stoppage in play.

3.3 Any player who is either not playing or playing less than the required minimum for disciplinary, medical, or other reasons must be identified as such and brought to the attention of the opposing coaches and referee. No player may be denied playing time for disciplinary reasons without the parents being informed.

4 *RULE 4: NUMBER OF PLAYERS ON FIELD*

4.1 U5/U6 → Three(3) Maximum / Two (2) Minimum

4.2 U7/U8 → Four (4) Maximum / Three (3) Minimum

4.3 U9/U10 → Six (6) Maximum / Four (4) Minimum

5 *RULE 5: PRACTICE*

5.1 Length of Practice

5.1.1 U5/U6 – Two (2) 45 minute sessions per week. Note: Future Stars Training counts as one session.

5.1.2 U7/U8 – Two (2) One hour sessions per week. Note: Future Stars Training counts as one session.

5.1.3 U9/U10 – Two (2) One and one-half hour sessions per week. Note: Future Stars Training counts as one session

5.2 Scrimmages with other teams count as a practice session

6 *RULE 6: BALL SIZE*

6.1 U5/U6 – Size 3 Ball

6.2 U7/U8 – Size 3 Ball

6.3 U9/U10...U12 - Size 4 Ball

6.4 U13+ - Size 5 Ball

7 *RULE 7: PLAYERS*

7.1 There shall be no “designated” goalkeepers in games at the U5 to U8 level. However no rule prohibits a team from playing a “defender” who plays deep in the defensive end of the field. The “defender” may not “park” themselves in front of the goal.

7.2 Unlimited substitutions may be made at the following times with the approval by the referee:

- 7.2.1 - On a Throw-in by either team
- 7.2.2 - On a goal kick by either team
- 7.2.3 - After a goal by either team
- 7.2.4 - After stoppage of play for an injury by either team
- 7.2.5 - At half time
- 7.2.6 - After a caution for the player receiving the caution

7.3 The Goalkeeper may be substituted as in the case of any other player

8 *RULE 8: UNIFORM AND EQUIPMENT*

- 8.1 Uniforms for players are mandatory and the uniforms shall consist of a numbered jersey, shorts, and knee socks. Shoes must be worn by all players. Age appropriate Shin guards must be worn by all players. (Ex. U14 players will NOT be allowed to play wearing U10 shin guards). The shin guards must be entirely covered by the knee sock.
- 8.2 The Goalkeeper shall wear colors which distinguish him/her from all other players and from the referee.
- 8.3 Players may wear warm clothing in cold weather, under their jersey as to make their numbers visible.
- 8.4 Team jerseys shall contrast with the opposing team' jersey. In the event that the playing teams do not have contrasting colors, (as determined by the referee), the HOME team shall be required to change their jersey. T-shirts over the numbered jerseys are NOT acceptable!! If the jersey conflict can not be resolved, the game shall be played and the home team shall face a D&P hearing with possible forfeiture of the game by the home team.

9 *RULE 9: DURATION OF THE GAME*

- 9.1 FIFA – Two equal 45 minute halves. The half time interval must not exceed 15 minutes.

9.1.1 TYSA and CYSL Exceptions

9.1.1.1 U5/U6 shall be four (4) eight (8) minute quarters

9.1.1.1.1 2 minute breaks between each quarter and 5 minute half-time

9.1.1.2 U7/U8 shall be four (4) ten (10) minute quarters

9.1.1.2.1 2 minute breaks between each quarter and 5 minute half-time

9.1.1.3 U9/U10 shall play two (2) twenty-five (25) minute halves with 5 minute halftime

9.1.1.4 U11/U12 shall play two (2) thirty (30) minute halves with 5 minute halftime

9.1.1.5 U13/U14 shall play two (2) thirty-five (35) minute halves with 5 minute halftime

9.1.1.6 U15/U16 shall play two (2) forty (40) minute halves with 5 minute halftime

9.1.2 NOTE: Under EXTREME heat conditions, a water break may be taken between each half, with consent between BOTH coaches prior to game start.

10 ***RULE 10: SCHEDULING***

10.1 Schedules will be posted on the website once they are completed

10.1.1 If any changes are made, scheduler will notify all coaches

10.2 All regular scheduled games, U5 to U10, shall be played on Saturdays at Carl Barton Park or Montgomery County Park

10.3 Every team must play every scheduled game. Teams are required to show up for all games at the assigned fields and assigned times, unless notified prior to the game through the CYSL communication system.

10.4 CYSL games are only postponed due to inclement weather or circumstances beyond the control of the league. Games will be made up on a later date as part of a

doubleheader on Saturday or on the designated rain date as established by the scheduler.

11 ***RULE 11: COMPLETE GAMES***

11.1 Cancellation after the game begins. The center referee can determine if the game will be suspended due to severe damage to the field or dangerous playing conditions. If the game is terminated prior to the end of the first half, the game must be replayed in its entirety. If the game is terminated after the end of the first half, the game shall be considered as complete, and the score will stand as of the termination of the game.

CYSL

U5 / U6 Soccer Rules

1. BALL – Size 3

2. PLAYERS

- a. 3 v 3 – Three players on the field at one time per team.
- b. Each player shall play a minimum of 50% of each game. This rule complies with TYSA (Local Organization) and STYSA (State Organization)
- c. Substitutions – unlimited at any stoppage of play. (See RULE 7.2)

3. EQUIPMENT

- a. Tennis, Soft-studded Turf Shoes, or age appropriate soccer cleats.
- b. Shin guards are required and must be entirely covered by the sock.
- c. Game uniform – Shorts, numbered jersey, socks.

4. GAMES

- a. Games shall be divided into four (4) equal quarters of eight (8) minutes.
- b. Two (2) Minute rest breaks between quarters and to substitute players.
- c. Half-time shall be five (5) minutes.

5. RULES OF THE GAME

- a. Start of the game – Kick off determined by a coin toss. Opponents must be outside the center circle and in their on half of the field.
- b. Ball out of play – Resume with either a throw in, or corner kick.
- c. Corner kick – Opponent must be (5) yards away from the ball.
- d. Free Kick – Opponent must be five (5) yards away from the ball.
- e. Penalty Kick – NONE
- f. Scoring – FIFA rules apply.
- g. Fouls and Misconduct – FIFA rules apply.
- h. Off-Sides – NO OFFSIDES
- i. Slide Tackles – NO player is permitted to slide tackle.
- j. Goalkeeper – NO player designated as goalkeeper.

6. REFEREE

- a. To be assigned by League scheduler.
- b. All decisions and calls by the referee on facts of the game are final.

7. COACHES / ASSISTANT COACHES

- a. There is NO coaching from behind goals, this includes parents.
- b. Coaches are NOT permitted on the field during play.
- c. Coaches are NOT permitted to show unsportsmanlike conduct towards referee. (Yelling or Complaining)
- d. Use the time between quarters or halftime to discuss situations with the referee.
- e. There is NO need or Reason to have excessive score differences in a game.
- f. Coaches MUST have a Kid Safe Pass to be on the player sideline during the game. NO EXCEPTIONS –This is a TYSA and STYSA rule.

8. COACHES / PARENT: GAME CONDUCT

- a. Game is for the kids – Remember this is NOT World Cup or MLS
- b. Coaches are responsible to maintain that the parents and spectators behave in a friendly manner
- c. The referee is NOT responsible for spectator control – Although they have the authority and permission from the league to remove any unruly spectators.

CYSL

U7 / U8 Soccer Rules

1. BALL – Size 3

2. PLAYERS

- a. 4 v 4 – Four players on the field at one time per team.

- b. Each player shall play a minimum of 50% of each game. This rule complies with TYSA (Local Organization) and STYSA (State Organization)
- c. Substitutions – unlimited at any stoppage of play. (See RULE 7.2)

3. EQUIPMENT

- a. Tennis, Soft-studded Turf Shoes, or age appropriate soccer cleats.
- b. Shin guards are required and must be entirely covered by the sock.
- c. Game uniform – Shorts, numbered jersey, socks.
- d. No jewelry shall be worn and girls' hair should be up.

4. GAMES

- a. Games shall be divided into four (4) equal quarters of ten (10) minutes.
- b. Two (2) Minute rest breaks between quarters and to substitute players.
- c. Half-time shall be five (5) minutes.

5. RULES OF THE GAME

- a. Start of the game – Kick off determined by a coin toss. Opponents must be outside the center circle and in their on half of the field.
- b. Ball out of play – Resume with either a throw in, or corner kick.
- c. Corner kick – Opponent must be (5) yards away from the ball.
- d. Free Kick – Opponent must be five (5) yards away from the ball.
- e. Penalty Kick – NONE – Indirect Free Kicks for all infractions.
- f. Scoring – FIFA rules apply.
- g. Fouls and Misconduct – FIFA rules apply.
- h. Off-Sides – NO OFFSIDES
- i. Slide Tackles – NO player is permitted to slide tackle.
- j. Goalkeeper – NO player designated as goalkeeper.

6. REFEREE

- a. To be assigned by League scheduler.
- b. All decisions and calls by the referee on facts of the game are final.

7. COACHES / ASSISTANT COACHES

- a. There is NO coaching from behind goals, this includes parents.

- b. Coaches are NOT permitted on the field during play.
 - c. Coaches are NOT permitted to show unsportsmanlike conduct towards referee. (Yelling or Complaining)
 - d. Use the time between quarters or halftime to discuss situations with the referee.
 - e. There is NO need or Reason to have excessive score differences in a game.
 - f. Coaches MUST have a Kid Safe Pass to be on the player sideline during the game. NO EXCEPTIONS –This is a TYSA and STYSA rule.
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- a. Game is for the kids – Remember this is NOT World Cup or MLS
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CYSL

U9 / U10 Soccer Rules

1. BALL – Size 4
2. PLAYERS
 - a. 6 v 6 – Four players on the field at one time per team.
 - b. Each player shall play a minimum of 50% of each game. This rule complies with TYSA (Local Organization) and STYSA (State Organization)
 - c. Substitutions – unlimited at any stoppage of play. (See RULE 7.2)
3. EQUIPMENT
 - a. Tennis, Soft-studded Turf Shoes, or age appropriate soccer cleats.
 - b. Shin guards are required and must be entirely covered by the sock.
 - c. Game uniform – Shorts, numbered jersey, socks.
 - d. No jewelry shall be worn and girls' hair should be up.
4. GAMES
 - a. Games shall be divided into two (2) equal halves of twenty-five (25) minutes.

- b. Half-time shall be five (5) minutes.

5. RULES OF THE GAME

- a. Start of the game – Kick off determined by a coin toss. Opponents must be outside the center circle and in their own half of the field.
- b. Ball out of play – Resume with either a throw in, Goal Kick, or corner kick.
- c. Corner kick – Opponent must be (8) yards away from the ball.
- d. Free Kick – Opponent must be five (8) yards away from the ball.
- e. Penalty Kick – taken from the penalty mark.
- f. Scoring – FIFA rules apply.
- g. Fouls and Misconduct – FIFA rules apply.
- h. Off-Sides – Shall be enforced according to FIFA rules – Indirect free kick.
- i. Slide Tackles – permitted.

6. REFEREE

- a. To be assigned by League scheduler.
- b. All decisions and calls by the referee on facts of the game are final.

7. COACHES / ASSISTANT COACHES

- a. There is NO coaching from behind goals, this includes parents.
- b. Coaches are NOT permitted on the field during play.
- c. Coaches are NOT permitted to show unsportsmanlike conduct towards referee. (Yelling or Complaining)
- d. Use the time between quarters or halftime to discuss situations with the referee.
- e. There is NO need or Reason to have excessive score differences in a game.
- f. Coaches MUST have a Kid Safe Pass to be on the player sideline during the game. NO EXCEPTIONS –This is a TYSA and STYSA rule.

8. COACHES / PARENT: GAME CONDUCT

- a. Game is for the kids – Remember this is NOT World Cup or MLS
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